

CONNECTING YOUTH AND FAMILIES WITH COMMUNITY RESOURCES TO ENHANCE THEIR WELLNESS, HELP THEM SUCCESSFULLY LEARN, AND PREPARE FOR LIFE.

Success Street is the link between education & health; it exists to provide all students with equal opportunity to learn & grow.



CONNECTION BETWEEN SCHOOL-BASED MENTAL HEALTH THERAPY SERVICES AND ACADEMIC OUTCOMES

GPA

During semester 2, the average GPA of middle and high school Waterloo Community School District students served for School-based Mental Health Therapy services was 2.51. The District average GPA for middle and high school students was 2.45. Those who participated in School-based Mental Health Therapy services had a slightly higher GPA average than the District average.

ATTENDANCE

The average school days missed by students receiving School-based Mental Health Therapy services was 9.6. The Waterloo Community School District's average number of days missed was 9.9. 65% of the students who received School-based Mental Health Therapy services missed fewer days than the Waterloo School District average of 9.9 days missed.

BEHAVIORAL REFERRALS

Of those who received School-based Mental Health Therapy services and had behavioral referrals, 67% had a reduction in referrals or maintained a number at or below the Waterloo Community School District average.

WHO WE ARE

Mental Health Services

Provided by UnityPoint Health - Black Hawk Grundy Mental Health Center
School-based Mental Health Therapists provide services during the school day to address mental health needs through assessment & individual therapy sessions.

Individual Health Education

Provided by Together for Youth (TFY) - SuccessLink
Health educators offer confidential, individualized education to support students' sexual health & overall well-being, & they connect students with school, community, & 24/7 support services. Confidential pregnancy testing is also available to students at no cost.

Support & Education for Young Parents - Young Parents Together

Provided by Together for Youth (TFY) - SuccessLink
Staff work collaboratively to provide adolescent education & support specifically designed for expectant & parenting teens.

Support Groups

Provided by Together for Youth (TFY) - SuccessLink
Health educators facilitate Circle groups, evidence-informed support groups for middle & high school aged students who identify as female, to promote resiliency & growth.

Testing for Sexually Transmitted Infections (STIs) & HIV

Provided by Black Hawk County Public Health (BHCPH)
Nurse practitioners provide confidential STI/HIV testing & treatment (as necessary).

Substance Use Education & Counseling Services

Provided by Pathways Behavioral Services
Adolescent Substance Use Counselor provides confidential education & counseling services to students experiencing challenges with substance use.

Sexual Assault and Dating Violence Advocacy & Support

Provided by Riverview Center (RVC), Waypoint Services (WS), and Amani Community Services
Confidential advocates offer support to students affected by sexual assault, domestic & dating violence.

Healthcare Referrals

Staff assist students & families with getting connected to community medical providers for their healthcare needs.

Teen Resources & Supports

"What's Where For Teens?" cards are provided to students to connect them to a variety of community resources, websites, & 24/7 hotlines available to teens.

STUDENT COMMENTS

Success Street Patient Satisfaction Survey

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- "They gave me the trust that I need to feel safe and like I had someone to talk to in private."
- "Anything I asked, they had answers."
- "Thank you for changing my high school experience into a more positive one. I appreciate everything you do!"
- "Learning about my options & healthy/unhealthy behaviors, getting help when in crisis."
- "The whole team is full of the kindest people & I'm truly grateful for them. ♥"

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Success Street Patient Satisfaction Survey Results:

- 98% agreed that Success Street provides a safe environment.
- 96% agreed that Success Street provides a confidential & welcoming environment.
- 96% felt satisfied with the help they received.
- 96% would recommend Success Street to a peer.
- 99% felt like they had a trusted adult they could turn to for help.

Success Street Social Media Outreach:

- Number of Success Street Facebook & Instagram posts: 500
- Number of Individuals Reached: 56,000
- Number of Interactions: 2,520

FOLLOW US



Success Street Facebook



Success Street Instagram

DONATE

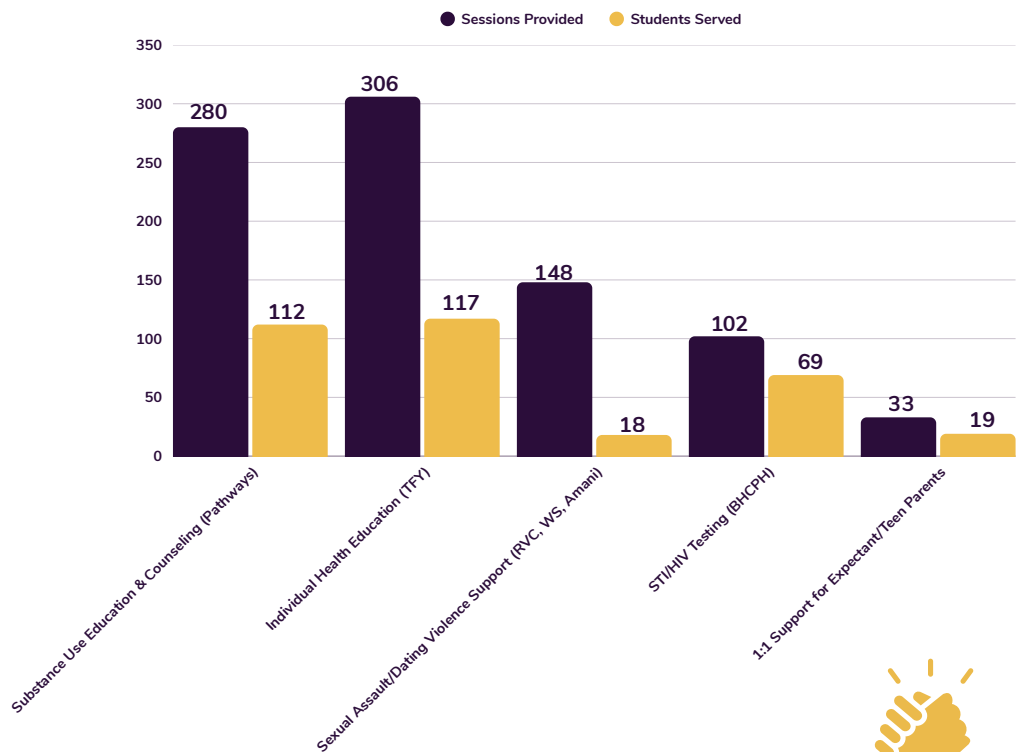


YEAR AT A GLANCE

Mental Health Services Provided by: UnityPoint Health - Black Hawk Grundy Mental Health Center

School-based mental health services continue to be the busiest service through Success Street with mental health therapists providing therapy services at all Waterloo and Cedar Falls public schools (elementary, middle, high school). During fiscal year 25, a total of **655 students** were seen for therapy services and **7,875 therapy services** were provided within Waterloo and Cedar Falls School Districts.

Additional Services Provided by Success Street Providers in Waterloo & Cedar Falls Schools



ADDITIONAL SERVICES / REFERRALS

- Success Street staff distributed 219 healthy coping kits to students within Waterloo and Cedar Falls schools to support the development of their coping skills and promote effective stress management.
- Approximately 500 vaping resource kits were provided to Waterloo Community Schools. These resource kits were made available to students who violated the vaping policy as a means to provide education about the negative effects of vaping, healthy coping tools to help manage stress and anxiety, and MyLife, MyQuit program information to assist them in cutting back or quitting.
- Success Street & Together for Youth staff reached 797 individuals through child abuse prevention education and outreach.
- Success Street staff made 107 health related referrals to community providers (sports/health physicals, dental, vision, etc.).

THANK YOU, FUNDERS!

- Cedar Falls Community Schools
- Cedar Valley United Way
- Community Foundation of Northeast Iowa
- Otto Schoitz Foundation
- R.J. McElroy Foundation
- Waterloo Community Schools

